

DO NOT OPEN THIS BOOKLET UNTIL ASKED TO DO SO

Total Questions: 50 | Time: 1 hr.

Guidelines for the Candidate

- You will get additional ten minutes to fill up information about yourself on the OMR Sheet, before the start of the exam.
- Write your **Name, School Code, Class, Section, Roll No.** and **Mobile Number** clearly on the **OMR Sheet** and do not forget to sign it. We will share your marks / result and other information related to SOF exams on your mobile number.
- The Question Paper comprises four sections:
- Word and Structure Knowledge** (30 Questions), **Reading** (10 Questions), **Spoken and Written Expression** (5 Questions) and **Achievers Section** (5 Questions).
- Each question in Achievers Section carries 3 marks, whereas all other questions carry one mark each.
- All questions are compulsory. There is no negative marking.
- There is only ONE correct answer. Choose only ONE option for an answer.
- To mark your choice of answers by darkening the circles on the OMR Sheet, use **HB Pencil** or **Blue / Black ball point pen** only. E.g.
- Q.16: Fill in the blank.**
Please teach my dog ____ a ball.
A. to fetch **B.** learn **C.** show **D.** to learn
- As the correct answer is option A, you must darken the circle corresponding to option A on the OMR Sheet.
- Return the OMR Sheet to the invigilator at the end of the exam.
- Please fill in your personal details in the space provided before attempting the paper.

16. ☒ A ☐ B ☐ C ☐ D

Name:

SOF Olympiad Roll No.: Contact No.:



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WORD AND STRUCTURE KNOWLEDGE

FOR QUESTIONS 1 TO 22, CHOOSE THE CORRECT OPTION TO FILL IN THE BLANK.

1. Ever since his parents died, his aunt has _____ all his needs.
A. seen to
B. seen with
C. seen by
D. seen off
2. The chief guest's speech was so _____ that I was all ears.
A. intricacy
B. indetermination
C. intriguing
D. interminable
3. You cannot devise a method that _____ all possibilities of error.
A. enhances
B. includes
C. excludes
D. arranges
4. Sumita kept _____, and I was pretty bored.
A. yakking on
B. taking after
C. ruled out
D. nose around
5. Please _____ your answer sheets before 12 pm.
A. hand in
B. hand out
C. hand into
D. hand though
6. It is not possible to _____ examinations without hard work and dedication.
A. get away
B. got over
C. get along
D. get through
7. There are many reasons _____ so many people want to work in the corporate world.
A. which
B. when
C. why
D. how
8. The new food court building _____ the winter break and should be ready soon.
A. is build
B. had been built
C. was build
D. was being built
9. The wound _____ not heal in spite of the treatment he received.
A. should
B. shall
C. would
D. can
10. We _____ remember that our health takes priority over other things.
A. let
B. ought
C. may be
D. must
11. I _____ science all weekend until I realised I had a math test on Tuesday.
A. had been studying
B. have studied
C. had been learned
D. was learned
12. The dessert and the cake, especially _____ you baked yesterday, were very delicious.
A. which
B. one
C. how
D. so much
13. She is such a _____. She has to tell everyone about her new diamond ring.
A. show of
B. show-off
C. boast
D. pompous

14. It was indeed unreasonable _____ her to leave this job and start a business.
A. in
B. upon
C. of
D. with
15. Had the police not reached there in time, the bandits _____ him.
A. would kill
B. would have killed
C. did have killed
D. will have killed
16. The king, along with his ministers, _____ about to enter the court.
A. is
B. are
C. have
D. has
17. The level of pain tolerance _____ from person to person.
A. varied
B. vary
C. varies
D. varying
18. You're a much better tennis player than me. _____ we play, you always win.
A. Whenever
B. Therefore
C. Whether
D. Moreover
19. My father called upon a technician, who fixed the problem _____.
A. obviously
B. quick
C. easily
D. merrily
20. If a speech is full of pompous words, it is _____.
A. verbosity
B. grandiloquent
C. laconic
D. insignificant

21. The manager said that all the rooms _____ according to their choices.
A. was allocating
B. have allocating
C. had been allocated
D. are allocated
22. In spite of our best efforts, we failed to _____ any new facts from him.
A. eject
B. elicit
C. enlist
D. ensure

FOR QUESTIONS 23 AND 24, CHOOSE THE PART OF THE SENTENCE THAT HAS AN ERROR.

23. The traveller asked the farmer if he could tell him the way to the near inn.
A. The traveller asked
B. the farmer if
C. he could tell him the way
D. to the near inn.
24. He asked his servant who he was so lazy that day.
A. He asked his
B. servant who he
C. was so
D. lazy that day.

FOR QUESTIONS 25 AND 26, CHOOSE THE CORRECT SYNONYM OF THE GIVEN WORD.

25. Scintillating
A. Pedestrian
B. Touching
C. Glittering
D. Justifying
26. Sumptuous
A. Meagre
B. Irritable
C. Lavish
D. Barren

FOR QUESTIONS 27 AND 28, CHOOSE THE CORRECT ANTONYM OF THE UNDERLINED WORD.

27. The habit of squandering money should not be encouraged.
- A. Looting
 - B. Saving
 - C. Disregarding
 - D. Whining
28. He proved utterly capricious in his dealings with his friends.
- A. Mercurial
 - B. Understanding

- C. Helpful
- D. Steadfast

FOR QUESTIONS 29 AND 30, CHOOSE THE OPTION WITH CORRECT SPELLING.

29. A. Sacrilligious
B. Sacreligious
C. Sacrilegeous
D. Sacrilegious
30. A. Hinderence
B. Hinderance
C. Hindrence
D. Hindrance

READING

FOR QUESTIONS 31 TO 35, READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW.

Technology addiction is a growing problem among teens in the digital age. With the widespread use of smartphones, social media, and other forms of technology, it's becoming increasingly common for young people to become addicted to their devices. In this article, we'll explore what technology addiction is, the impact it can have on teens, and what parents and other adults can do to help.

Technology addiction refers to the compulsive use of technology devices, such as smartphones, computers, and gaming systems, to the point where they begin to negatively impact daily life. Teens who are addicted to technology may find themselves spending excessive amounts of time online, checking their devices constantly, and feeling anxious or irritable when they are unable to access them. This type of behaviour can interfere with school, work, and other important aspects of life. One of the biggest concerns about technology addiction among teens is the impact it can

have on their mental health. Excessive use of technology can lead to feelings of anxiety, depression, and social isolation. Studies have shown that spending a lot of time on social media can increase the risk of depression and anxiety, as it can create feelings of inadequacy and low self-esteem. It can also lead to a lack of face-to-face interaction, which is essential for healthy social and emotional development.

Additionally, technology addiction can also have a negative impact on physical health. Spending excessive amounts of time sitting in front of a screen can lead to a sedentary lifestyle, which can increase the risk of obesity, heart disease, and other health problems. Poor sleep patterns, which are often associated with excessive technology use, can also have a negative impact on physical and mental health.

Another concern about technology addiction among teens is the potential for exposure to harmful content. The internet is full of information, some of which can be inappropriate or even dangerous for young people. This can include exposure to

violent or graphic content, cyberbullying, and exposure to other harmful activities. Additionally, there is also the risk of becoming involved in online gambling and cybercrime.

To address technology addiction among teens, it's important for parents and other adults to take an active role. This can include setting limits on the amount of time spent using technological devices, establishing clear rules about what types of content are acceptable, and monitoring device usage. It can also be helpful to encourage alternative activities, such as physical exercise, reading, and spending time with friends and family.

It's also important for teens to be educated about the dangers of technology addiction and the importance of developing healthy habits. This can include learning about the negative impact that excessive technology use can have on mental and physical health, as well as the potential for exposure to harmful content. By teaching teens about the risks associated with technology addiction, we can help them make informed decisions about their device usage and develop healthy habits that will serve them well into adulthood.

In conclusion, technology addiction is a growing problem among teens, and it's essential for parents and other adults to take an active role in addressing it. By setting limits, monitoring device usage, encouraging alternative activities, and educating teens about the dangers of excessive technology use, we can help minimize the impact of technology addiction and promote healthy habits for the next generation.

What is the biggest concern about technology addiction among teens?

- A. It may negatively impact their mental health.
- B. Excessive use of technology may lead to feelings of anxiety.

C. The teens are less exposed to cyberbullying and violence.

D. Both A and B

32. Read the statements I and II and select the correct option.

Statement I : Spending a lot of time on technological devices may increase the risk of depression and anxiety.

Statement II : It is important for parents and adults to take an active role in positively addressing technology addiction among teens.

- A. Statement I is incorrect but Statement II is correct.
- B. Statement I is correct but Statement II is incorrect.
- C. Both the Statements I and II are incorrect.
- D. Both the Statements I and II are correct.

33. Select the correct statement about the problem of technology addiction among teens.

- A. No teen should be monitored for device usage.
- B. It is only parents' responsibility to make teens aware of the positive impacts of using technology.
- C. Parents and adults should not set rules for using smart phones and other devices of technology.
- D. It is essential that teens be educated about the dangers of technology addiction.

34. Parents and adults can help teens minimise their technology addiction by _____.

- A. reducing the time spent using technological devices
- B. monitoring device usage, encouraging alternative activities, and educating teens
- C. motivating them to exercise
- D. all of these

35. Physical inactivity leads to health issues such as _____.

- A. cardiovascular disease, obesity, and other health problems
- B. tuberculosis and cancer
- C. hypertension and hypotension
- D. none of these

FOR QUESTIONS 36 TO 40, READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW.

By Norm Bettencourt

Bottom line, that's the difference in mindset between a champion and just another fighter. The difference between winning and losing. This is the attitude you must have to overcome all the obstacles in your training and matches. Focus, hard work, and commitment are some of the key factors in the making of a champion. Knowing the right way to train and condition your mind and body will increase your odds of becoming a champion. So how do you go about it? First, it starts with your most powerful asset or weapon : your thoughts. We are all in control of our destiny because we control our thoughts. "What the mind can believe, the mind can achieve".

A lot of people do not like to hear this because it makes them responsible for where they are in life and takes away excuses for failing, not trying, or giving up. It's all about attitude, which sets you apart from everyone else. "Do or die" that is the attitude you need to defeat your opponents in the ring or outside of it in the real world. When you don't feel like training because you are too sore, tired from a long day at work, your hand hurts, or there are other things you need to get done, these are excuses that you put in the way so you don't achieve your goal. You have to train and condition your mind to focus on your goal so that you have a burning desire to obtain it.

If two opponents of equal strength and fighting ability step into the ring, the man with the stronger mind will be victorious. Here are some ways to train your mind to have the edge over your opponent.

Take time to visualize your match or techniques in your mind with a clear, detailed and realistic picture for 10-30

minutes twice a day, once in the morning when you awake and before going to sleep. This will feed positive messages to your subconscious mind.

- Find a quiet place in your home, sit or lay down, whatever makes you comfortable and begin to visualize.
- Always visualize what you are going to do, not what your opponent is going to do, because you can only control yourself.
- Visualize yourself always moving quickly and effortlessly and being victorious, standing over your opponent and holding your arms high in the air with the championship belt around your waist.
- Visualize as if you have already obtained your goal. Smell the scents of the arena, taste the salt from your sweat on your lips, hear the crowd chanting your name, feel and touch the championship belt around your waist and the crowd's energy as you put up your hands in victory.
- Surround yourself with positive people who push you to be your very best, believe in you and your goal, and will help you achieve it. Having supportive people around will help deflect negative thinking and will rub off on you. We become who we hang out with.
- Read the biographies of your idols about the obstacles they overcame to get to where they are today.

The key to visualization is to have 100% belief and faith that you will achieve your goal, and this is your purpose and destiny. Push away any doubt you have when it comes into your mind, or the negative thoughts will cancel out the positive message. After a little while, it will become easier to believe what you are telling yourself. The mind cannot tell what is real or imagined when you keep telling it something. You will subconsciously begin believing those

messages, attracting people in your life that will help you reach your goal, and you will begin acting, training and fighting like a champion.

36. Read the statements I and II and select the correct option.
 Statement I : Visualising the techniques in your mind for 2-5 minutes a day will feed your subconscious mind.
 Statement II : If you want to be a champion, you have to be focused, work hard, and be committed to your goal.
- Statement I is correct but Statement II is incorrect.
 - Statement II is correct but Statement I is incorrect.
 - Both the Statements I and II are correct.
 - Both the Statements I and II are incorrect.
37. Choose the incorrect statement about ways to train the mind.
- Believe in yourself.
 - Always visualise what your opponent is going to do.

- Visualise yourself always moving quickly and effortlessly and being victorious.
- Surround yourself with the best people who push you to achieve your goal.

38. Which sort of attitude do you need to defeat your opponent?
- Do or die
 - Purpose and destiny
 - Training and fighting
 - Being victorious
39. If you are surrounded by positive people, it will help you turn your way from _____.
- opponents
 - family and friends
 - negative thinking
 - fighting
40. What is the meaning of the phrase 'burning desire'?
- Less interested in something
 - Extremely interested in something
 - An intense wear out feeling
 - A great sense of achievement

SPOKEN AND WRITTEN EXPRESSION

FOR QUESTIONS 41 TO 45, CHOOSE THE CORRECT OPTION TO COMPLETE EACH CONVERSATION.

41. Cathy : I've been waiting here since 5!

Kim : _____.

- Just kidding
- I can't be bothered
- Sorry to keep you waiting
- Thanks for everything

42. Seema: What _____ person is Mahima to refuse the promotion?

- sought of
- sort of
- sought off
- sort off

43. Boss : Amrita, is your survey report _____ online users ready _____ presentation?

Amrita : Yes, sir.

- of, of
- in, for
- on, for
- on, by

44. A young boy (to the shopkeeper): Do you sell ICSE books for 7th grade?

Shopkeeper : _____.

- Yes, I don't have
- We've put up a notice also, can't you see
- Yes, give me the list of books you need
- We deliver books at home

45. Jatin : Did you notice Maria _____ the boss lately?

Khushi : Oh, yes.

- fawning over
- fawning off
- fawning upon
- fawning at

ACHIEVERS SECTION

FOR QUESTIONS 46 AND 47, CHOOSE THE CORRECT OPTION TO FILL IN THE BLANK.

46. Parliamentary democracy demands discipline and _____ to the rules.

- A. subjection
- B. obligation
- C. liability
- D. adherence

47. _____ the room, the door suddenly swung shut and hit him in the face.

- A. As he entered
- B. On having entered
- C. On being entering
- D. While entered

48. CHOOSE THE CORRECT SYNONYM OF THE UNDERLINED WORD.

Our captain became obstreperous when an opposition team member intentionally hit him during the game.

- A. Radical
- B. Judicious
- C. Courageous
- D. Tumultuous

49. CHOOSE THE CORRECT ANTONYM OF THE GIVEN WORD.

Ceremonious

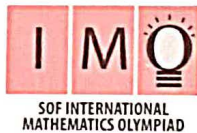
- A. Insouciant
- B. Conscientious
- C. Curious
- D. Punctilious

50. CHOOSE THE CORRECT OPTION TO COMPLETE THE CONVERSATION.

Mom : So, how was your science exam?

Son : Not so good; I passed by _____

- A. opening the book
- B. leaps and bounds
- C. the smallest of points
- D. the skin of my teeth



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