



IRIS INTERNATIONAL SCHOOL

Nalasopara - East

Fruits Day Celebration

21.01.2022

Our school celebrated **Fruits Day** for pre-primary on 21/01/2022. The theme for the competition was to 'Promote Health Benefits of Fruits'. Our little kids represented different fruits of their choice by dressing like the fruits and spoke few lines or poems about the same. The students of Grade Nursery to Sr. KG students participated in it. The students got an opportunity to learn new things about fruits and its health benefits.

Due to the covid pandemic, the event was conducted online.

Event details:

Name of event : Fruits Day Celebration

Date : 21st January, 2022

Time : 11:00 am to 12:00 am

Event purpose:

- To create and educate children about the importance and consumption of fruits in regular diet.
- Learning more about the taste, smell, colour and texture of each fruits
- Increase more awareness on the nutritional benefits of fruits.
- Develop feelings of gratitude towards our farmers and community helpers.

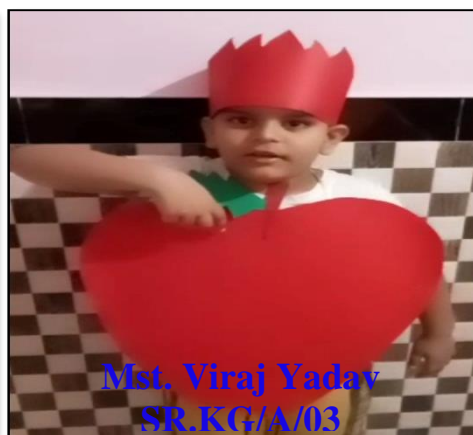
Some more glimpses of the event:



Mst. Kavyansh Singh
JR.KG/A/04



Ms. Astha Maurya
SR.KG/A/02



Mst. Viraj Yadav
SR.KG/A/03



Mst. Abhiraj Yadav
NR/A/04



Ms. Mahinoor Shaikh
NR/A/03



Mst. Aryan Singh
SR.KG/A/01

Outcome of the event:

After participation in the event, our students gained with –

- Learned to make banana squash shake.
- The benefits of eating fruits over fast food.

WISH U ALL, THE BEST.